

Hello Yarmouth Residents

March 25, 2020

This is Bruce Murphy, Director of the Health Department with a very important public health update about the coronavirus pandemic.

Currently,

In the United States there are 60,050 cases and 807 deaths due to COVID-19

In Massachusetts there are **(1,838)** confirmed cases and **(15)** deaths due to COVID-19

In Barnstable County there **(51)** confirmed cases of COVID-19

In the Town of Yarmouth there are **(5)** confirmed cases of COVID-19

The town is also following **(34)** suspected cases.

On March 23rd Governor Baker ordered for all non-essential businesses to close. In addition, the Governor issued a stay-at-home advisory that includes unnecessary travel activities.

The Yarmouth Health Department and Board of Health activated the Medical Reserve Core and are coordinating efforts with the Visiting Nurse Association, Meals on Wheels and the Food Pantry. The Health Department is in daily communications with our nursing homes and independent living facilities.

If you develop COVID-19 symptoms, such as fever, cough and difficult breathing call your healthcare provider or the MA Public Health Department at 2-1-1 ext.26.

If you develop COVID-19 like symptoms and do **not** have a primary care physician call (508) 862-5595 for screening over the phone.

To protect yourself remember to wash your hands frequently with soap and water for at least 20 seconds. Avoid touching your eyes, nose and mouth with unwashed hands. Clean and disinfect frequently touched surfaces. **Staying home will reduce your risk of becoming sick.**

If you need emotional support during these stressful times, call 2-1-1 and choose the CALL2TALK option.

It is essential to maintain a social distance of 6 feet between yourself and others.

To remain healthy, assume people living outside your home are carriers of the virus.

The virus is often transmitted by people who do not have symptoms.

Staying home will reduce your risk of becoming sick.

Thank you for listening.